

# 2026 Healthy Hike & Run

健康遠足及跑步賽



## Healthy Hike & Run March 29, 2026

### 19km Individual - Overall Top 5

#### Top 5 Men

Rankings								Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time	
1	Male 40-49	99	Leung 梁	Son Keng 順敬	HKSAR	--	01:49:20	
2	Male 40-49	98	Davis	Chris	UK	--	01:49:35	
3	Male 14-39	60	Tam 譚	Chi Ho 子豪	HKSAR	CIO WISDOM	02:03:44	
5	Male 14-39	84	Harris	Marc	UK	--	02:05:18	
8	Male 14-39	62	Stojanovic	Marko	SRB	--	02:09:46	

#### Top 5 Women

Rankings								Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time	
4	Female 14-39	102	Kehoe	Lisa	Ireland	--	02:04:25	
6	Female 40-49	89	Oconnell	Aine	Ireland	--	02:07:39	
7	Female 14-39	97	Wong 黃	Yuchit 予婕	HKSAR	--	02:08:43	
16	Female 40-49	95	Challoner	Amy	Ireland	--	02:18:18	
18	Female 50+	30	Leung 梁	Wiwin 冠妮	HKSAR	CIO WISDOM	02:23:33	

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## Healthy Hike & Run March 29, 2026

### 13km Individual - Overall Top 5

#### Top 5 Men

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	Male 14-39	513	Li 李	Perry 沛熹	HKSAR	CIO WISDOM	01:15:50
2	Male 14-39	630	Connolly	Creighton	Canada	Gone Running / Joint Dynamics Team	01:15:51
4	Male 40-49	515	Yeung 楊	King Ho 境豪	HKSAR	CIO WISDOM	01:18:06
5	Male 40-49	642	Baram 白	Derek 恩庭	HKSAR	--	01:18:20
6	Male 14-39	611	Nunnemacher	Heath Armin	USA	--	01:19:34

#### Top 5 Women

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
3	Female 14-39	498	Chau	Nicole	HKSAR	--	01:14:32
9	Female 14-39	635	Botes	Kei-Lisa	South Africa	Village Vets	01:28:02
14	Female 40-49	629	Cvetkovic	Magdalena	Switzerland	--	01:30:35
15	Female 14-39	606	Ai 艾	Apple 心	HKSAR	--	01:31:10
18	Female 14-39	660	Oliva	Lailanie	Philippines	Running Nanay Lai	01:33:18

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## Healthy Hike & Run March 29, 2026

### 5km Open - Overall Top 5

#### Top 5 Men

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	Open Men	944	Ng 吳	Yin For 燕科	HKSAR	--	00:26:45
2	Open Men	801	Hung 孔	Hok Kwan 學鈞	HKSAR	曙暮	00:29:25
3	Open Men	887	Treier	Alessandro	Switzerland	--	00:32:53
4	Open Men	909	Chan 陳	Hong Tai 康泰	HKSAR	--	00:33:38
5	Open Men	930	Yeung 楊	Muk Morgan 目	HKSAR	Sparkle	00:34:33

#### Top 5 Women

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
7	Open Women	879	Bisagni	Arabella	ITALY	--	00:36:21
11	Open Women	889	Cheung 張	Hiu Yi 曉怡	HKSAR	--	00:38:03
12	Open Women	821	Chen 陳	Man Ki 憫祈	HKSAR	CIO WISDOM	00:38:12
13	Open Women	802	Li 李	Yuen Shan 阮珊	HKSAR	--	00:38:13
14	Open Women	932	Cho 曹	Zero 柏瑩	HKSAR	--	00:39:15